

A Model on the Induction of Adverse Vascular Long-Term Effects of NSAIDs

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Abstract: The causes of increased rates of myocardial infarctions and strokes by application of non-steroidal anti-inflammatory agents (NSAIDs) are unclear. Here we present a biochemical model that the long-term vascular effects of NSAIDs can be consequences of their antiproliferative cellular mechanism. The analysis of the model suggests that the intramitochondrial uncoupling of oxidative phosphorylation induced by NSAIDs increases, through a reduced activity of ATP-dependent ionic pumps, the intra-cellular calcium x phosphate product with a consecutively increased formation and export of various calcium phosphate compounds. The latter cause, by chemical replication mechanisms of arterial hydroxyapatite deposits, a metastatic calcifying vascular process. This sclerogenic vascular mineralization corresponds to an early arteriosclerotic development resembling the Mönckeberg's media calcification. The mechanism shows direct analogies to the accelerated and metastatic calcification of coronary arteries seen in chronic kidney disease and dialysis. This appears an extra-cellular time-lapse version of the protracted cell model. The induction of this degenerative mechanism may explain the increased number of adverse cardiovascular, renovascular and cerebrovascular effects of NSAIDs as they are observed in long-term therapies.

Key Words: NSAID, metastatic calcification, arteriosclerosis, hypertension, chronic kidney disease, biochemical model,

INTRODUCTION

The uncovering of clinically relevant increased risks of myocardial infarctions (MI) and strokes caused by non-steroidal anti-inflammatory agents (NSAID) of the type of selective cyclooxygenase-2 (COX-2) inhibitors, i.a. Rofecoxib, was only made in recent times on the basis of clinical long-term studies. There was moreover a suspicion that such undesirable vascular effects, even though of a different intensity, might refer to all NSAIDs [1]. That was confirmed by further examinations according to which an increased mortality risk exists with all dosages of COX-2 inhibitors for patients with an already existing cardiovascular disease. However this applies also to higher dosages of non-selective NSAIDs [2]. Increased rates of MI and stroke are already known for numerous non-selective NSAIDs, in which connection Diclofenac obviously played a more prominent role [3, 4]. But also for other NSAIDs that are classified as safe, such as e.g. acetylsalicylic acid (Aspirin), there are still open questions in this connection. However in the case of Aspirin, this regards in particular its cerebro-vascular effects and its relation to stroke. Studies on Aspirin state that it increases the risk of a first stroke in old persons without vascular defects [5] and that, in major observation studies, it is connected with a consistently higher stroke risk [6]. Others conclude an increased stroke risk of Aspirin in older patients [7], see an increase in the risk of haemorrhagic strokes [8], an increase in the stroke frequency compared with placebo [9], no positive effect on arteriosclerotic progression [10], as well as no effect on the frequency of attacks of angina pectoris

[11]. In a clinical context, it is also essential that several studies moreover described increased risks or rates of hypertension for all NSAIDs examined there, depending on the dosage for women and for men [12-14].

All effects that clinically go along with an MI or stroke point to basic mechanisms that, in their final stage, lead to a development of obstructive vascular processes. Increased vascular calcifications belong to the biochemical processes that favour or cause such kinds of dystrophic-degenerative processes. In biological systems, pathological calcifications are for the most part chemically composed of calcium phosphates as well as complex compounds derived therefrom, first of all hydroxyapatite. Vascular calcifications after deposition of calcium crystals in the smooth vascular musculature are also involved into the pathogenesis of arteriosclerosis. Therefore, in relation to the antiproliferative degenerative effects of the NSAIDs, the focus shall be on these biochemical relations and their clinical relevance here.

A MODEL OF PATHOPHYSIOLOGIC CONSEQUENCES OF THE UNCOUPLING OF THE OXIDATIVE PHOSPHORYLATION BY NSAIDS

Premises: The Antiproliferative Effects of NSAIDs

Regeneration-inhibiting effects of the NSAIDs have already been known from their clinically evident delay of wound healing. In that connection, they do not only reduce cell proliferation, but may also trigger apoptosis. As to the external basic pattern, the overall spectrum of undesirable effects of NSAIDs corresponds to a large extent to that of numerous chemotherapeutic cytostatics. Vice-versa, there shall be mentioned in addition the reports on positive therapeutic effects of some NSAIDs e.g. in case of tumours of the colon.

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A biochemical basis of the antiproliferative NSAID effects lies in their influence on mitochondrial oxidative phosphorylation. The pharmacological inhibitory effect of NSAIDs on it has been proven. NSAIDs, such as i.a. Aspirin, Diclofenac, cannot only cause an uncoupling of the oxidative phosphorylation in the mitochondria [15-19]. A mitochondrial dysfunction is further increased by the addition of calcium ions (Ca^{2+}) [20], obviously also after oral application [21]. Since salicylate toxicity is increased by the increase in intra-cellular Ca^{2+} , that aspect was several times associated with the triggering of a Reye's syndrome by Aspirin [22]. Also a worsening of post-ischemic cardiac dysfunction by aspirin does rather seem to be attributable to its uncoupling effect on oxidative phosphorylation, and thus to be independent from a COX inhibition [23]. In particular it was proven that Aspirin and salicylate uncouple also a respiration in the myocardial tissue (in stadium 3) [24]. In the same manner, however, also selective COX-2 inhibitors uncouple the mitochondria of intact cells [25]. Because the mitochondrial Ca^{2+} overloading moreover may lead to cell degeneration as well as to apoptosis [26-30], that appears, in the context of the Ca^{2+} -sensitive NSAID uncoupling effects, to be also relevant with regard to undesirable vascular effects.

METHOD: eERM

A model of the consequential processes focusing on "metastatic calcification on the basis of an inhibition of oxidative phosphorylation" was prepared. It was the overall aim of the model to clarify functional causality (process logic) and contextual clinical relevance. That was done by a modified enhanced Entity Relationship Modelling (eERM), structured data mining of relevant literature (i.a. Medline) and application of a syntax for interactive data configuration newly developed for that purpose (BMA/3.1; FNS). The model preparation itself was only based on the analysis of experimental studies. Metastudies were excluded. Certain cellular parallel processes that, after a preceding individual analysis, did not necessarily need to be included as a logical support of the problem of the model were not implemented. This applies for example to the Na-K ATPase or the ATP-dependent potassium channel (KATP), also to a large extent to apoptosis the role of which is only outlined in the model. That, however shall not exclude its secondary influence on the basic process of the problem.

ARRANGEMENT OF THE BASIC PROCESSES OF THE MODEL

In Fig. (1) the overall processes of the problem are represented in a synoptic-descriptive manner and imply a topological and biochemical sequence. In summary, an exogenously induced reduction of the mitochondrial oxidative phosphorylation leads to a reduced synthesis of adenosine triphosphate (ATP). That in turn implies i.a. the induction of apoptosis [25, 26] through the release of cytochrome C [30] with a triggering of the Caspase cascade. Functionally, that leads to a reduced activity of all ion pumps that receive their main energy from the ATP hydrolysis. That regards the Ca-ATPases responsible for the maintenance of low intra-cellular calcium ions (Ca^{2+}), but also i.a. the Na/K-ATPase. Of relevance to the process for the intra-cellular Ca^{2+} store are the membrane-bound plasma membrane Ca^{2+} -transporting

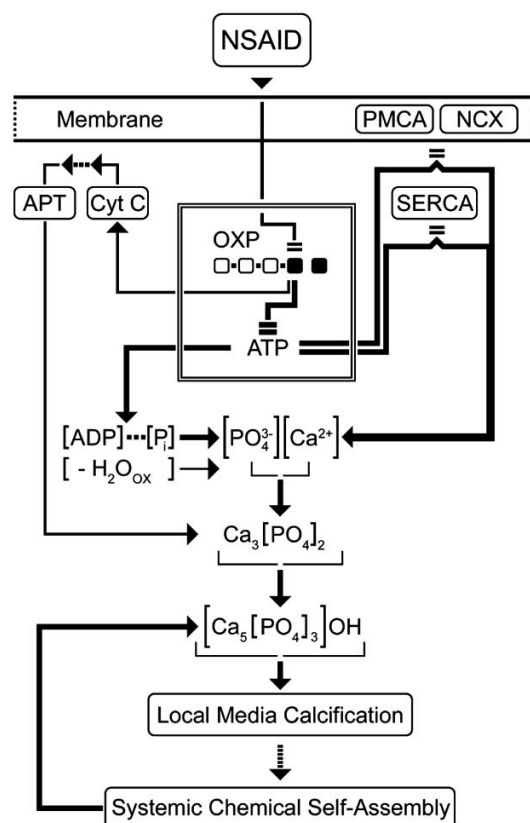


Fig. (1). Descriptive synoptic model on consequences of a NSAIDs inhibition of the mitochondrial oxidative phosphorylation of a vascular cell. This phase forms the induction of a triggering of cell-degenerating processes. The reduction of the ATP biosynthesis initialises a pathological intra-cellular calcium x phosphate product ($[\text{PO}_4^{3-}][\text{Ca}^{2+}]$) caused by an accumulation of phosphates on the one hand and Ca^{2+} on the other hand by a reduction of the ATP-dependent calcium ion pumps (PMCA, SERCA). That way, there takes place a transformation into calcium phosphates ($\text{Ca}_3(\text{PO}_4)_2$) with a secondarily increased formation and crystalline deposition of hydroxyapatites ($\text{Ca}_5(\text{PO}_4)_3\text{OH}$). The hydroxyapatite crystals serve as replicative matrixes for further hydroxyapatite complexes that cause, by metastatic calcification, a collagen-associated mineralization of the arterial media (chemical self-assembly)

Abbreviations: OXP: Mitochondrial oxidative phosphorylation; ATP: Adenosine Triphosphate; P_i Phosphate; APT: Apoptotic proteasom; CytC: Cytochrom C; PMCA: Plasma Membrane Ca^{2+} -transporting ATPase; SERCA: sarco(endo)plasmic reticulum Ca^{2+} -ATPases; NCX: Sodium-Calcium-Exchanger; $\text{H}_2\text{O}_{\text{ox}}$: OXP oxidation water (Symbols: \rightarrow : Activation; $-||$: Blockade/Inhibition; \uparrow : multiplying process).

ing ATPase (PMCA) and the sarco(endo)plasmic reticulum Ca^{2+} -ATPase (SERCA) [31]. Moreover, but only indirectly as to ATP energy, also the electrogenic sodium-calcium exchanger (NCX).

As a consequence of the disorder of the ATP synthesis, there does not only occur a reduction of the concentration of intra-cellular ATP, but simultaneously an excess of the ATP precursors not used for phosphorylation and therefore an increase in concentration of phosphate (P_i), adenosine monophosphate (AMP) and adenosine diphosphate (ADP). The Ca^{2+}

accumulate cytosolically and intra-mitochondrially due to the calcium pump defects. Therefrom, an increased amount of Ca^{2+} is available to the increasingly unused phosphates as reaction partner. According to the increased intra-cellular calcium x phosphate product (CaxP), there are increasingly formed, as primary reaction products, calcium phosphates ($\text{Ca}_3(\text{PO}_4)_2$). That part of the process can be regarded as transformation phase or phase of nucleation. As a consequence of exceeding the saturation conditions, the calcium phosphates in part deposit in a crystalline form. In that connection, the saturation conditions are favoured because the inhibition of the oxidative phosphorylation leads also to a cellular decrease of oxidation water ($\text{H}_2\text{O}_{\text{ox}}$). That again leads, in a further step, to an increased crystalline complex formation of the calcium phosphates into hydroxyapatites ($\text{Ca}_5(\text{PO}_4)_3\text{OH}$). The deposited crystalline hydroxyapatites (HAP) serve as replicative matrixes for an apposition for the production of further HAP crystals (chemical self-assembly).

Through cell disruption, or also exocytosis, a further export and crystalline tissue deposit of HAP may occur, obviously first by deposit of HAP into the collagen of the media layer. Presumably the proteins osteonectin and osteopontin are actively involved in this step. The externally deposited HAP are serving as templates for the production of further HAP crystals and the deposits contribute to a stiffening of the collagen fibres. Through that progressive mechanism of a self-assembly, which can be designated as a phase of metastatic biomineralization, the degenerative process in the collagen of vascular myofibrils extends and induces a further calcification. Moreover, the HAP may secondarily, by physical stimulation, also generate inflammatory effects.

Thus, the total effect develops forcibly as a biochemical consequence of the auto-multiplying avalanche comprising the phases of induction, transformation, metastatic biomineralization and then leads to interactive clinical manifestations. Since the phases of transformation and biomineralization follow conditions of chemical balance the reaction conditions of which can be influenced by exogenous intervention, they are reversible in principle.

Although all of the known arteriosclerotic risk factors show an increase in apoptosis, which indicates that their effect might be based on a reduction of the regeneration potential, this model outlines the apoptosis aspect only in connection with the increased release of cytochrome C. It appears not to be absolutely necessary for the course of and the basic statements on the mechanism of metastatic calcification processes.

DISCUSSION

The metastatic calcification is caused by the initially excessive level of intra-cellular calcium x phosphate product (CaxP) from which then results, as a process that is ATP energy-independent to a large extent, a production of calcium phosphate for the formation of chemically replicative matrixes for HAP [32]. That way, the NSAIDs, through their inhibitory effect on mitochondrial oxidative phosphorylation, initialize in summary only the increased formation of biochemical products with a degenerative or apoptotic potential. The disseminated HAP on its part than induces, in a replica-

tive manner, further vascular calcification, possibly also inflammatory effects. Thus, such consequential effects develop from every exogenous intervention that has an antiproliferative effect. It also can be explained unconstrainedly without considering further chemical mediators or, with regard to the NSAIDs, a COX inhibition.

The biological age seems to be process-relevant as a negatively predisposing parameter. Age correlates in principle with a reduced regenerative capacity and therefore points implicitly to an already reduced ATP generation from the oxidative phosphorylation. That is also supported, in conformity with the model, by findings according to which the activity of PMCA decreases with the age, too [33]. In addition, the NSAIDs possibly may also interact directly with the PMCA [34] after which they would functionally act as cellular "calcium efflux inhibitors". In the context of the initial intra-cellular Ca^{2+} condition as well as the already existing age-dependent reduction of regenerative cell capacity, that would explain that the vascular calcification effects caused by NSAIDs are more grave in older patients because they are superimposed on an already existing relative regenerative insufficiency. In formal analogy with the model, similar dystrophic-calcifying long-term effects should also be detectable in antiproliferative cytostatics. A respective connection, referring to the NSAID Celecoxib through its influence on the SERCA, was already assumed [35]. Possibly, the NSAIDs may altogether suggest themselves on that basis as a more gentle approach to the treatment of some neoplasias.

The avalanche of calcifying vascular processes induced by NSAID on a cellular level shows direct analogies to the cardiovascular complications of chronic renal diseases, in particular with hemodialysis.

It does quasi deliver an extra-cellular time-lapse version of the protracted cell model. The strong link between chronic renal diseases and metastatic vascular calcification, in particular in case of hemodialysis, is known, just like the fact that those patients often show hyperphosphatemia and increased CaxP. Especially late stages of chronic renal diseases show strongly progressive and metastatic vascular calcification with an increased cardiovascular mortality [36]. The progression of coronary calcification in hemodialysis patients correlated with the prevalence of MI, length of the dialysis application as well as calcium and phosphate serum concentrations, but not with cholesterol and lipoproteins [37]. Since hyperphosphatemia and/or a high CaxP form a predisposition for metastatic calcification, the mortality was also connected with increased CaxP [38]. That way the therapy of hyperphosphatemia and high CaxP was also given a central role for reducing the risk of cardiovascular mortality [39, 40]. In hemodialysis patients, the baseline of a calcium score of the coronaries is moreover a significant risk predictor [41]. With a calcification initialised in the coronaries, an inflammation probably may modify the process, while the lipid profiles appeared to influence neither their initiation nor their progression [42]. In the therapy of hyperphosphatemia, the application of phosphate binders containing calcium resulted also in a stronger progression of the coronary calcification than the application of calcium-free phosphate binders [43,44]. In that therapy route, there appeared moreover also indications that were assessed as anti-atherogenic by the

authors [45]. But also in persons with healthy kidneys, there was found a relation between calcium supplementation and increased rates of MI and stroke [46].

The context between negative NSAID effects and intracellular CaxP and negative extra-cellular CaxP effects in renal diseases with regard to metastatic vascular calcification suggests that the depositing of complex calcium crystals like HAP is responsible for an induction of early arteriosclerotic phases. Obviously, the initialisation first is prepared by a biomineralization by increased deposition of HAP on the collagen that takes place in the media layer. On the whole, such kind of induced vascular calcification seems to be a process that has numerous similarities to bone mineralization. That is further supported by the finding that, in late renal diseases, there is found a stronger calcification in the coronary media than in the intima and which applies also to patients without a renal disease [47, 48]. Also in uraemic patients, the media thickness and calcification of the coronary arteries was significantly more pronounced [49].

Presumably, the initial stage of such a process occurs sub-clinically as a vector from the vascular media to the intima layer. The mineralizing destruction of the structure of elastic proteins in smooth muscular cells of the vessel triggers the "hardening of the arteries" first. This aspect offers also an approach to an explanation of the formation of hypertension by NSAIDs as an early effect. Before the start of a hemodialysis treatment, media calcifications were also found in younger patients without traditional arteriosclerosis risk factors, while an intima calcification was rather found in older patients with a history of arteriosclerosis [48]. In the same manner, also an increase in the intima-media thickness of the carotid artery was rather found in persons of a higher age and with a longer duration of the disease [50] and in diabetics type 2 [51]. A pathological examination of the morphogenesis of media sclerosis in Mönckeberg's arteriosclerosis moreover pointed histologically to a process of dystrophic calcification, wherein a higher calcium and phosphor content was found in the compact calcifications [52].

The calcifying media sclerosis frequently found in diabetics shall only be mentioned here in so far as it appears to be of clinical relevance in the context of NSAIDs. Presumably, it is based on the same consequences of this deficit-energy model process: An intact insulin secretion depends strongly on a sufficient function of the ATP-dependent calcium channels (PMCA, SERCA), while the ATP-dependent potassium-ion channel (KATP) must also be included here. Since NSAIDs inhibit that axis of mitochondrial ATP synthesis that is of central significance to the insulin secretion, the application of NSAIDs in diabetics may involve an increased degenerative vascular risk on that basis.

The final phase of a chemical self-assembly of HAP appears important for the progression and extent of the clinical outcome. This kind of spontaneous formation of supramolecular structures in the body is a separate physico-chemical process which includes calcium ions and organic ligands, as known in materials science from the formation of molecular crystals. Some basic processes of the crystalline nucleation and technical in-vitro assessments on the mechanism of HAP self-assembly in simulated body fluid have

been described [53-55]. Studies were also made on composites with collagen, which complied biologically with extracellular matrix fibers [56] or bone structures [57, 58]. An important aspect for a biological apatite nucleation and its expansion, appears a contribution of specific extracellular matrix proteins which bind calcium ions [59]. At least some of the early phases of the cellular calcification appear still below the radar screen of a hormonal control mechanisms. This latency and a lack of specific biomarkers complicate an early clinical approach.

The overall sequence shows the characteristic of an avalanche. The initial calcifications first cause a long-term sub-clinically progressive media thickening and media stiffening, and thus an early phase of "local hypertension". This process of sclerogenic vascular mineralization corresponds to an early arteriosclerotic development resembling the Mönckeberg's media calcification.

Within the framework of metastatic biomineralization, there must also be expected a more frequent occurrence of systemic effects, Fig. (2), and also an increased brittleness and intima immigration, from which then results the more intra-vascular-directed process of plaque formation and its further clinical consequences.

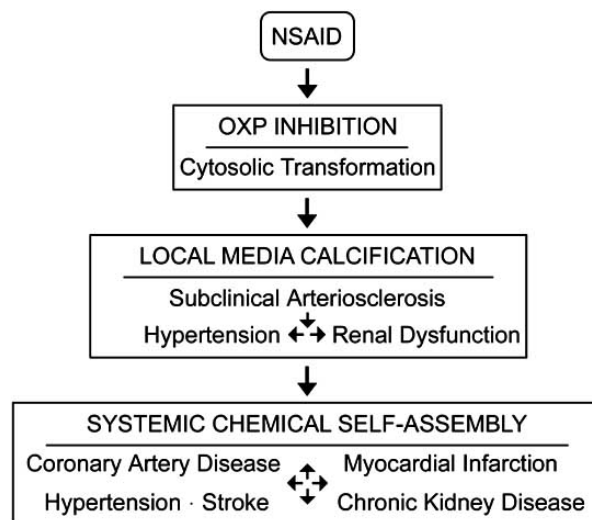


Fig. (2). Scheme of the NSAID induced degenerative sequence due to an inhibition of the mitochondrial oxidative phosphorylation (OXP). The pathophysiologic events which may correlate with the different phases indicate an interrelation of different clinical entities within a same basic process.

Therefore, the phase of metastatic calcification implies, apart from the extension, also an acceleration of the processes. But since the transformation phase, just like the biomineralization are processes subject to conditions of chemical balance the direction of which can be exogenously influenced, these processes are reversible and therefore can also be therapeutically influenced at different levels of intervention.

CONCLUSION

The defect in oxidative phosphorylation induced by NSAIDs does biochemically cause an increased formation of

compounds with a calcifying degenerative effect that are disseminated into other tissues. The increased vascular calcification is caused by the formation of an increased intracellular CaxP product from which replicative matrixes for hydroxyapatite are forming. The at first only cellular, latently accumulating Ca/P imbalance than is spreading in several phases through an increased export of hydroxyapatite. Analogously to the protracted NSAID effects in the cellular/sub-cellular area, the metastatic calcification effects in chronic renal diseases and dialysis with an increased CaxP product constitute a clinical model in which these effects, with the same clinical consequences, occur in an accelerated manner. The model indicates an early phase of arteriosclerosis development with a vector pointing from the media to the intima and an indication of inducement of early hypertension by NSAIDs. This sclerogenic vascular mineralization corresponds to an early arteriosclerotic development resembling the Mönckeberg's media calcification. Since the calcification phases are subject to influenceable conditions of chemical balance, these processes are reversible and therefore therapeutically influenceable.

ABBREVIATIONS

NSAID	=	Non-steroidal anti-inflammatory drug
CaxP	=	Calcium x Phosphate Product
OXP	=	Mitochondrial Oxidative Phosphorylation
ERM	=	Entity Relationship Modeling
HAP	=	Hydroxyapatite
ATP	=	Adenosine Triphosphate
COX	=	Cyclooxygenase
PMCA	=	Plasma membrane Ca^{2+} -transporting ATPase
SERCA	=	Sarco(endo)plasmic reticulum Ca^{2+} ATPases
NCX	=	Sodium-calcium exchanger
KATP	=	ATP-dependent potassium-ion channel

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